

Real Salt Lake - 2025 Season Schedule

All times shown in Eastern Time (ET)

Date	Time	Home Team	Away Team	Venue	City	Comp.	Status
2025-02-22	10:30 PM EST	San Jose Earthquakes	Real Salt Lake	PayPal Park	San Jose	MLS Reg.	0-4
2025-03-01	4:30 PM EST	Real Salt Lake	Seattle Sounders FC	America First Field	Sandy	MLS Reg.	2-0
2025-03-08	9:30 PM EST	Real Salt Lake	San Diego FC	America First Field	Sandy	MLS Reg.	1-3
2025-03-15	8:30 PM EDT	Houston Dynamo FC	Real Salt Lake	Shell Energy Stadium	Houston	MLS Reg.	2-1
2025-03-22	9:30 PM EDT	Real Salt Lake	FC Dallas	America First Field	Sandy	MLS Reg.	0-1
2025-03-29	8:30 PM EDT	Minnesota United FC	Real Salt Lake	Allianz Field	St. Paul	MLS Reg.	0-2
2025-04-05	4:30 PM EDT	Real Salt Lake	LA Galaxy	America First Field	Sandy	MLS Reg.	2-0
2025-04-12	8:30 PM EDT	Nashville SC	Real Salt Lake	GEODIS Park	Nashville	MLS Reg.	1-2
2025-04-19	9:30 PM EDT	Real Salt Lake	Toronto FC	America First Field	Sandy	MLS Reg.	0-1
2025-04-26	7:30 PM EDT	San Diego FC	Real Salt Lake	Snapdragon Stadium	San Diego	MLS Reg.	3-1
2025-05-03	9:30 PM EDT	Vancouver Whitecaps FC	Real Salt Lake	BC Place	Vancouver	MLS Reg.	1-2
2025-05-10	8:30 PM EDT	FC Dallas	Real Salt Lake	Toyota Stadium	Frisco	MLS Reg.	1-1
2025-05-14	9:30 PM EDT	Real Salt Lake	Portland Timbers	America First Field	Sandy	MLS Reg.	0-0
2025-05-17	9:30 PM EDT	Colorado Rapids	Real Salt Lake	DICK'S Sporting Goods Park	Commerce City	MLS Reg.	0-1
2025-05-24	9:30 PM EDT	Real Salt Lake	Vancouver Whitecaps FC	America First Field	Sandy	MLS Reg.	2-3
2025-05-28	8:30 PM EDT	Austin FC	Real Salt Lake	Q2 Stadium	Austin	MLS Reg.	1-1
2025-05-31	10:30 PM EDT	LA Galaxy	Real Salt Lake	Dignity Health Sports Park	Carson	MLS Reg.	0-2
2025-06-14	9:30 PM EDT	Real Salt Lake	DC United	America First Field	Sandy	MLS Reg.	scheduled
2025-06-28	8:30 PM EDT	Sporting Kansas City	Real Salt Lake	Children's Mercy Park	Kansas City	MLS Reg.	scheduled
2025-07-05	9:30 PM EDT	Real Salt Lake	St Louis CITY SC	America First Field	Sandy	MLS Reg.	scheduled
2025-07-12	9:30 PM EDT	Real Salt Lake	Houston Dynamo FC	America First Field	Sandy	MLS Reg.	scheduled
2025-07-16	10:30 PM EDT	Portland Timbers	Real Salt Lake	Providence Park	Portland	MLS Reg.	scheduled
2025-07-19	9:30 PM EDT	Real Salt Lake	FC Cincinnati	America First Field	Sandy	MLS Reg.	scheduled
2025-07-26	9:30 PM EDT	Real Salt Lake	San Jose Earthquakes	America First Field	Sandy	MLS Reg.	scheduled
2025-08-10	6:00 PM EDT	New York Red Bulls	Real Salt Lake	Sports Illustrated Stadium	Harrison	MLS Reg.	scheduled

Date	Time	Home Team	Away Team	Venue	City	Comp.	Status
2025-08-16	7:30 PM EDT	Charlotte FC	Real Salt Lake	Bank of America Stadium	Charlotte	MLS Reg.	scheduled
2025-08-23	9:30 PM EDT	Real Salt Lake	Minnesota United FC	America First Field	Sandy	MLS Reg.	scheduled
2025-08-30	10:30 PM EDT	Seattle Sounders FC	Real Salt Lake	Lumen Field	Seattle	MLS Reg.	scheduled
2025-09-13	9:30 PM EDT	Real Salt Lake	Sporting Kansas City	America First Field	Sandy	MLS Reg.	scheduled
2025-09-17	9:30 PM EDT	Real Salt Lake	Los Angeles Football Club	America First Field	Sandy	MLS Reg.	scheduled
2025-09-21	9:00 PM EDT	Los Angeles Football Club	Real Salt Lake	BMO Stadium	Los Angeles	MLS Reg.	scheduled
2025-09-27	9:30 PM EDT	Real Salt Lake	Austin FC	America First Field	Sandy	MLS Reg.	scheduled
2025-10-04	9:30 PM EDT	Real Salt Lake	Colorado Rapids	America First Field	Sandy	MLS Reg.	scheduled
2025-10-18	9:00 PM EDT	St Louis CITY SC	Real Salt Lake	Energizer Park	St. Louis	MLS Reg.	scheduled

Schedule provided by <https://yourSportsCalendar.com>