

Seattle Seahawks - 2025 Season Schedule

All times shown in Eastern Time (ET)

Date	Time	Home Team	Away Team	Venue	City	Comp.	Status
2025-09-07	4:05 PM EDT	Seattle Seahawks	San Francisco 49ers	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-09-14	1:00 PM EDT	Pittsburgh Steelers	Seattle Seahawks	Acrisure Stadium	Pittsburgh	NFL 2025 Regular Season	SCHEDULED
2025-09-21	4:05 PM EDT	Seattle Seahawks	New Orleans Saints	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-09-25	8:15 PM EDT	Arizona Cardinals	Seattle Seahawks	State Farm Stadium	Glendale	NFL 2025 Regular Season	SCHEDULED
2025-10-05	4:05 PM EDT	Seattle Seahawks	Tampa Bay Buccaneers	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-10-12	1:00 PM EDT	Jacksonville Jaguars	Seattle Seahawks	EverBank Stadium	Jacksonville	NFL 2025 Regular Season	SCHEDULED
2025-10-20	10:00 PM EDT	Seattle Seahawks	Houston Texans	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-11-02	8:20 PM EST	Washington Commanders	Seattle Seahawks	Northwest Stadium	Landover	NFL 2025 Regular Season	SCHEDULED
2025-11-09	4:05 PM EST	Seattle Seahawks	Arizona Cardinals	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-11-16	4:05 PM EST	Los Angeles Rams	Seattle Seahawks	SoFi Stadium	Inglewood	NFL 2025 Regular Season	SCHEDULED
2025-11-23	1:00 PM EST	Tennessee Titans	Seattle Seahawks	Nissan Stadium	Nashville	NFL 2025 Regular Season	SCHEDULED
2025-11-30	4:05 PM EST	Seattle Seahawks	Minnesota Vikings	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-12-07	1:00 PM EST	Atlanta Falcons	Seattle Seahawks	Mercedes-Benz Stadium	Atlanta	NFL 2025 Regular Season	SCHEDULED
2025-12-14	4:25 PM EST	Seattle Seahawks	Indianapolis Colts	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED
2025-12-18	8:15 PM EST	Seattle Seahawks	Los Angeles Rams	Lumen Field	Seattle	NFL 2025 Regular Season	SCHEDULED

Schedule provided by <https://yourSportsCalendar.com>